



# Spring/Summer Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Cereal/toast/ fruit	Cereal/toast/ fruit	Cereal/toast/ fruit	Cereal/toast/ fruit	Cereal/toast/ fruit
<b>Morning Snack</b>					
<b>Lunch</b>	Salmon & Broccoli Pasta Bake  Pineapple	Moroccan Lamb & Couscous  Yoghurt	Chicken in Tomato Sauce with Pasta & Green Beans  Apple Crumble	Vegetarian Cottage Pie  Banana & Custard	Gammon New Potatoes with Carrots & Gravy  Ice Cream
<b>Afternoon Snack</b>	Vegetable Sticks & a Carb Snack	Vegetable Sticks & a Carb Snack	Vegetable Sticks & a Carb Snack	Vegetable Sticks & a Carb Snack	Vegetable Sticks & a Carb Snack
<b>Tea</b>	Warm Pitta Bread with Chicken & Salad Sticks  Flapjacks	Fishfingers Potato Faces & Peas  Apple Slices	Ham Wraps & Salad Sticks with Houmous  Melon Slices	Chicken Goujons Bread & Butter with Salsa  Pear Slices	Wholemeal Rolls with Chicken & Salad Sticks  Strawberries

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Cereal/toast/ fruit	Cereal/toast/ fruit	Cereal/toast/ fruit	Cereal/toast/ fruit	Cereal/toast/ fruit
<b>Morning Snack</b>					
<b>Lunch</b>	Quorn & Vegetable Stew & Sweet Potato Fries  Yoghurt	Chicken & Squash Korma with Rice  Summer Fruit Crumble	Shepard's Pie with Baby Carrots  Ice Cream	Pasta Bolognese & Green Beans  Raspberries & Custard	Sausage Mash & Broccoli with Gravy  Mandarins
<b>Afternoon Snack</b>	Vegetable Sticks & a Carb Snack	Vegetable Sticks & a Carb Snack	Vegetable Sticks & a Carb Snack	Vegetable Sticks & a Carb Snack	Vegetable Sticks & a Carb Snack
<b>Tea</b>	Cream Cheese & Ham Sandwiches with Salad Sticks  Yoghurt	Macaroni Cheese with Sweetcorn  Pear Slices	Savoury Croissants & Salad Sticks  Apple Slices	Warm Pitta Bread Tuna & Sweetcorn Mayo  Banana Flapjack	Fishcakes Bread & Butter with Salad Sticks Watermelon

There is always a vegetarian or dietary suitable alternative for those children who require it.



# Spring/Summer Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Cereal/toast/ fruit	Cereal/toast/ fruit	Cereal/toast/ fruit	Cereal/toast/ fruit	Cereal/toast/ fruit
<b>Morning Snack</b>					
<b>Lunch</b>	Pastry Topped Fish Pie With Green Beans  Ice Cream	Chicken Lentil Spinach & Sweet Potato Dahl with Naan  Yoghurt	Quorn Cottage Pie & Carrots  Peaches	Beef & Mushroom Stroganoff with Rice  Banana & Custard	Meatballs & Pasta in Tomato Sauce  Yoghurt
<b>Afternoon Snack</b>	Vegetable Sticks & a Carb Snack	Vegetable Sticks & a Carb Snack	Vegetable Sticks & a Carb Snack	Vegetable Sticks & a Carb Snack	Vegetable Sticks & a Carb Snack
<b>Tea</b>	Pitta Bread with Ham Salad Sticks & Houmous  Strawberries	Bacon & Cheese filled Potatoes & Sour Cream  Apple Slices	Fish Fingers Bread & Butter Salad Sticks & Salsa  Melon	Courgette Cherry Tomato & Feta Pasta Bake  Chocolate Cake	Chicken Goujons & Potato Faces with Peas  Pear Slices

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Cereal/toast/ fruit	Cereal/toast/ fruit	Cereal/toast/ fruit	Cereal/toast/ fruit	Cereal/toast/ fruit
<b>Morning Snack</b>					
<b>Lunch</b>	Quorn Tomato & Basil Pasta  Yoghurt	Pastry Topped Beef & Onion Pie with Carrots  Mandarins	Lamb Casserole & Couscous  Angel Delight	Thai Green Curry & Rice  Yoghurt	Fisherman's Pie & Broccoli  Summer Fruit Crumble
<b>Afternoon Snack</b>	Vegetable Sticks & a Carb Snack	Vegetable Sticks & a Carb Snack	Vegetable Sticks & a Carb Snack	Vegetable Sticks & a Carb Snack	Vegetable Sticks & a Carb Snack
<b>Tea</b>	Fishcakes Potato Wedges & Peas  Watermelon	Ham & Cream Cheese Wraps with Cucumber Sticks  Fruit Cake	Macaroni Cheese & Broccoli  Pear Slices	Pitta Bread Ham & Salad Sticks with Houmous  Banana Flapjack	Savoury Croissants with Salad Sticks  Apple Slices

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